

Western Herbalism

- A.A.S. Degree—60–63 credits

What You Will Learn

In the Western Herbalism program, you will learn the skills needed to work in the field of herbalism. Herbal medicine is the art and science of using herbs for both promoting health and preventing and treating illness. Herbal medicine has persisted as the world’s primary form of medicine since the beginning of time, with a written history more than 5,000 years old. Seventy-five percent of the world’s populations still rely primarily on traditional healing practices, most of which is herbal medicine. This program meets recommended standards for education by the American Herbalists Guild (AHG) and prepares students to take the national test sponsored by the AHG.

Knowledge of biological sciences, human anatomy and physiology, plant biology, nutrition, medical terminology, communication, and business basics are a foundation upon which the program courses build to help you learn the art and science of Western Herbalism in contemporary society. An emphasis is made on providing you with a science-based knowledge of Western Herbalism and to foster your understanding of a holistic practice of working with plants and people.

Students must pass a background check and provide evidence of immunity prior to working in a clinic setting.

Courses in this program require achievement of the following academic skill levels:

- **Reading:** To enroll in these program courses, students must have successfully completed READ 0200 or ESOL 0052 or be declared to enroll in READ 1300 on the basis of their reading placement test scores.
- **Writing:** To enroll in these program courses, students must have successfully completed ENGL 0900 or ESOL 0051 or be declared ready to enroll in ENGL 1110 on the basis of their writing placement test scores.
- **Math:** To enroll in these program courses, you must have successfully completed MATH 0070 or be declared ready to enroll in MATH 0080 on the basis of your Math placement test score.

Where You Could Work

Western Herbalism graduates work in a variety of settings around the country.

- Collaborative practice with other healthcare providers
- Work in the manufacturing of commercial herbs
- Work in the growing and harvesting and medicinal plants
- Independent practice as a herbalist

Western Herbalism A.A.S. Degree

Credits: 60–63

First Semester

Course #	Course Name	Credits
HERB 1000	History of Herbalism	3.00
HERB 1100	Herbs in the Marketplace	3.00
INFS 1000	Information, Literacy, and Research Skills	2.00
ENGL 1110	College English 1	3.00
BIOL 1190	Biomedical Terminology	2.00
OR		
HCCC 1100	Medical Terminology	1.00
BIOL 1100	Introduction to Biology	4.00
OR		
BIOL 2200	Principles of Biology	4.00
Total semester credits 16–17		

Second Semester:

Course #	Course Name	Credits
HERB 1300	Western Herbal Medicine Making	4.00
HERB 1810	Materia Medica 1	3.00
BIOL 2250	Plant Biology	4.00
BIOL 2224	Anatomy	4.00
OR		
BIOL 1127	Human Biology	3.00
BIOL 1128	Human Biology Lab	1.00
Total semester credits 15		

Third Semester:

Course #	Course Name	Credits
HERB 2000	Herbal Integration Internship	1.00-3.00
HERB 2110	Materia Medica II	3.00
BIOL 1136	Environmental Science	3.00
BIOL 1137	Environmental Science Lab	1.00
HLTH 2200	Environmental Issues in Health and Wellness	2.00
BIOL 1120	Nutrition	3.00
Total semester credits 13–15		

Fourth Semester:

Course #	Course Name	Credits
HERB 2210	Health and the Business of Herbal Medicine	3.00
HERB 2300	Lifespan and Gender Specific Herbs	4.00
SPCH 1012	Intercultural Communication	3.00
OR		
ACES 1190	World Religions	3.00
BUSN 1145	Small Business Management	3.00
OR		
BUSN 2254	Entrepreneurship	3.00
OR		
BUSN 2260	Legal Environment of Business	3.00
Electives	3.00
Total semester credits 16		